

# L'Anse Creuse Middle School-South 7<sup>th</sup> / 8<sup>th</sup> Grade Football 2023 Season

Welcome to our Parent Information Presentation...the following will be covered during this presentation...

- Practice / Locker Room / Game Information
- Playing Time
- Eligibility
- Concussion Protocol
- Coach Expectations
- REMIND 101 / Important Reminders



# Practice

- All athletes are expected to be at practice everyday.
- Practices are everyday after school from 3:05-5:00pm (see schedule)
- Please have a ride here promptly at 5:00pm at the school to pick up your student athlete at the end of practice.
- If you know that your student athlete will miss practice, please email one of the coaches as soon as possible.

# Locker Room

- Student/athletes are expected to report directly to the locker room after school and get dressed for practice.
- It is **STRONGLY RECOMMENDED** that they lock up their belongings in their lockers.
- We are not responsible for any belongings left out in the locker room.
- All student/athletes are responsible for the equipment that was issued to them. If anything lost, they be asked to replace or pay for the item.

# Games

- ▣ All games are played on Tuesdays (except for the final game)
- ▣ 7<sup>th</sup> Grade game begins promptly at 3:30
- ▣ 8<sup>th</sup> Grade plays immediately following the 7<sup>th</sup> grade (usually around 4:45)
- ▣ Maps and addresses to away games are posted on our website under our Athletic Department link.
- ▣ **One-Way Bussing**: Busses will be dropping athletes off at away games. They will **NOT** bring athletes back to school. Please have someone there at the away school to pick up your student athlete by the end of the game.

# Playing Time

- ▣ Every student athlete will play at least 2 plays per half (4 total per game)
- ▣ Playing time is different for each individual player as we are trying to be competitive, while having fun and teaching the basics of the game.
- ▣ Reasons for decreased playing time or not playing in a game:
  - ▣ Size Issues
  - ▣ Injury
  - ▣ Absence from Practice
  - ▣ Eligibility (Behavior/Grades in the Classroom)
  - ▣ “Dogging it” During Practice
  - ▣ Game Situations

# Eligibility

- We closely monitor the grades and citizenship of each student athlete during the season. We constantly preach that school comes first!
- All student athletes must maintain a certain level of achievement during the season (NO failing grades!). If they do not, they may find themselves to be ineligible to play in that weeks game.
- If a student/athlete is ineligible, our Associate Principal Mr. Clotworthy will contact you and inform you directly if that happens.

# Concussions

- This is a rising issue in all sports, but particularly football since it is a contact sport.
- Please read the information we provided for you about concussions on recognizing the signs and symptoms of a concussions and how to prevent it.
- Please know that as coaches we have been trained on recognizing the signs of a concussion and we will not hesitate to sit a student athlete out of a practice or game if we think they have experienced a concussion.
- **When in doubt, they should sit out!**

# Coach's Expectations

- ▣ Our goals at the middle school level are:
  - ▣ School Comes First!
  - ▣ Emphasis on Fun
  - ▣ Focus on Basic Skills, Sportsmanship, and Team Play
  - ▣ Inclusiveness (Everyone Gets a Chance to Play)
  - ▣ Get Everyone Ready for the Next Level



# Sign up for Remind 101

**Get updates and reminders!**

To

**81010** ?

Message

**@sabrefoot**

**Enter this number**

This is the Remind number we created to keep your personal number private.

**Text this message**

This is the unique class code for Football. Students and parents use this to join the right class.

# DEADLINES

## DEADLINE REMINDERS!!!

- ▣ Team T-shirt/Hoodie Information Form and Money is
  - ▣ Due by Friday, September 8<sup>th</sup>
  
- ▣ Emergency Contact Information Form is
  - ▣ Due by Friday, September 8<sup>th</sup>
  
- ▣ All copies can be found at this link on our football website: <https://www.lc-ps.org/schools/middle-school/south/athletics/football/>

# CONTACTS

**\*Please email one of the coaches if you have any questions!!!**

**We are looking forward to a fun season with your athlete!**

## **-Coaches Contact Information:**

- 7<sup>th</sup> Grade – Dan Mancini [mancida@lc-ps.org](mailto:mancida@lc-ps.org)
- 7<sup>th</sup> Grade – Keith Weiland [weianke@lc-ps.org](mailto:weianke@lc-ps.org)
- 8<sup>th</sup> Grade – Jason Paternoster [paterja@lc-ps.org](mailto:paterja@lc-ps.org)
- 8<sup>th</sup> Grade – Brian McDonald [mcdonbr@lc-ps.org](mailto:mcdonbr@lc-ps.org)