



April 2023

SUN

MON

TUE

WED

THU

FRI

SAT

1

2

3

4

5

6

7

8

9

1 0

7th Grade All
3:00 - 4:30

1 1

8th Grade All
3:00 - 4:30

1 2

No Practice
Early Release

1 3

All Grades
3:00 - 4:30
**** T-Shirt and
Hoodie Money
is Due****

1 4

No Practice
1/2 Day

1 5

1 6

1 7

**Field Events,
Lg Distance, &
Hurdles**
3:00 - 4:30

1 8

Sprints, Relays
3:00 - 4:30

1 9

No Practice
Early Release

2 0

**Field Events,
Lg Distance, &
Hurdles**
3:00 - 4:30

2 1

Sprints, Relays
3:00 - 4:30

2 2

2 3

2 4

**Field Events,
Lg Distance, &
Hurdles**
3:00 - 4:30

2 5

Sprints, Relays
3:00 - 4:30

2 6

No Practice
Early Release

2 7

**7th & 8th
Grade All**
3:00 - 4:30

2 8

No Practice
Spring Dance

2 9

2023

Middle

School

South

Track & Field Schedule

Contact Information:
MSS (586) 493-5620

Coach Paternoster
paterja@lc-ps.org
Ext. 2496

Coach McDonald
mcdonbr@lc-ps.org
Ext. 2507

Coach Vanwelsenaers
vanweo@lc-ps.org

Coach Mancini
mancida@lc-ps.org

Coach Binge
bingela@lc-ps.org

Schedule subject to change



May 2023

SUN

MON

TUE

WED

THU

FRI

SAT

2023 L'Anse Creuse Middle School South Track & Field Schedule

Contact Information:
MSS (586) 493-5620

Coach Paternoster
paterja@lc-ps.org
Ext. 2496

Coach McDonald
mcdonbr@lc-ps.org
Ext. 2507

Coach Vanwelsenaers
vanwejo@lc-ps.org

Coach Mancini
mancida@lc-ps.org

Coach Binge
bingela@lc-ps.org

	1	2	3	4	5	6
	7th & 8th Grade All 3:00 - 4:30	AWAY Track Meet vs. Fraser 3:30 - 6:00	No Practice Early Release	HOME Track Meet vs. AB South 3:30 - 6:00	Picture Day!!! Wear your track t-shirt or hoodie 3:00-4:30	
7	8	9	10	11	12	13
	AWAY Track Meet vs. Algonquin 3:30 - 6:00	7th & 8th Grade All 3:00 - 4:30	No School	HOME Track Meet vs. LC North 3:30 - 6:00	Recovery Day No Practice	
14	15	16	17	18	19	20
	AWAY Track Meet vs. Wyandot 3:30 - 6:00	7th & 8th Grade All 3:00 - 4:30	No Practice Early Release	AWAY Track Meet vs. LC East 3:30 - 6:00	Recovery Day No Practice	
21	22	23	24	25	26	27
	HOME Track Meet vs. Romeo 3:30 - 6:00	7th & 8th Grade All 3:00 - 4:30	No Practice Early Release	HOME Track Meet vs. LC Central 3:30 - 6:00		

Schedule subject to change