



April 2023

SUN

MON

TUE

WED

THU

FRI

SAT

1

2

3

4

5

6

7

8

9

1 0

7th Grade All
3:00 - 4:30

1 1

8th Grade All
3:00 - 4:30

1 2

No Practice
Early Release

1 3

All Grades
3:00 - 4:30
**** T-Shirt and
Hoodie Money
is Due****

1 4

No Practice
1/2 Day

1 5

1 6

1 7

**Field Events,
Lg Distance, &
Hurdles**
3:00 - 4:30

1 8

Sprints, Relays
3:00 - 4:30

1 9

No Practice
Early Release

2 0

**Field Events,
Lg Distance, &
Hurdles**
3:00 - 4:30

2 1

Sprints, Relays
3:00 - 4:30

2 2

2 3

2 4

**Field Events,
Lg Distance, &
Hurdles**
3:00 - 4:30

2 5

Sprints, Relays
3:00 - 4:30

2 6

No Practice
Early Release

2 7

**7th & 8th
Grade All**
3:00 - 4:30

2 8

No Practice
Spring Dance

2 9

2023

Middle

School

South

Track & Field Schedule

Contact Information:
MSS (586) 493-5620

Coach Paternoster
paterja@lc-ps.org
Ext. 2496

Coach McDonald
mcdonbr@lc-ps.org
Ext. 2507

Coach Vanwelsenaers
vanweo@lc-ps.org

Coach Mancini
mancida@lc-ps.org

Coach Binge
bingela@lc-ps.org

Schedule subject to change



May 2023

SUN

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2023 L'Anse Creuse Middle School South Track & Field Schedule

Contact Information:
MSS (586) 493-5620

Coach Paternoster
paterja@lc-ps.org
Ext. 2496

Coach McDonald
mcdonbr@lc-ps.org
Ext. 2507

Coach Vanwelsenaers
vanwejo@lc-ps.org

Coach Mancini
mancida@lc-ps.org

Coach Binge
bingela@lc-ps.org

1
**AWAY
Track Meet**
vs. Fraser
3:30 - 6:00

2
**7th & 8th
Grade All**
3:00 - 4:30

3
No Practice
Early Release

4
**HOME
Track Meet**
vs. AB South
3:30 - 6:00

5
Picture Day!!!
**Wear your
track t-shirt or
hoodie**
3:00-4:30

6

7

8
**AWAY
Track Meet**
vs. Algonquin
3:30 - 6:00

9
**7th & 8th
Grade All**
3:00 - 4:30

10
No School

11
**HOME
Track Meet**
vs. LC North
3:30 - 6:00

12
Recovery Day
No Practice

13

14

15
**AWAY
Track Meet**
vs. Wyandot
3:30 - 6:00

16
**7th & 8th
Grade All**
3:00 - 4:30

17
No Practice
Early Release

18
**AWAY
Track Meet**
vs. LC East
3:30 - 6:00

19
Recovery Day
No Practice

20

21

22
**HOME
Track Meet**
vs. Romeo
3:30 - 6:00

23
**7th & 8th
Grade All**
3:00 - 4:30

24
No Practice
Early Release

25
**HOME
Track Meet**
vs. LC Central
3:30 - 6:00

26

27

Schedule subject to change