

2023 Middle School-South Football Information Packet

The following information has been prepared to familiarize you with the expectations for the upcoming football season. Please take the time to read the following information.

-Coaches Contact Information:

- 7th Grade - Dan Mancini mancida@lc-ps.org
- 7th Grade - Keith Weiland weianke@lc-ps.org
- 8th Grade - Jason Paternoster paterja@lc-ps.org
- 8th Grade - Brian McDonald mcdonbr@lc-ps.org



- **Parent Information** will available on the football page on our school's website: <https://www.lc-ps.org/schools/middle-school/south/athletics/football/>
- **NEWS:** All away games will be "**One-Way Bussing**". Athletes will be bussed to the game ONLY; athletes will be responsible for pre-arranging their own ride home from the game. If you have any questions about the one-way bussing, please contact one of the coaches.
- **WELCOME BACK DANCE:** MSS Football will be sponsoring the Welcome Back Dance on **Friday, September 22nd**. We are looking for parent volunteers to help out with refreshments and supervision. Please email one of the coaches if you're interested OR fill out the area on the bottom of the emergency contact information form.

Sports Physical

All athletes MUST have a current physical on file with the athletic department, in order to participate in any sport. Forms are available on our athletics page.

- Copy of [MHSAA Physical Form 2021-2022](#)

Grades and Citizenship

Football athletes must not be on the citizenship list. Also, all athletes must meet MSS Athletic eligibility. All athletes' grades and citizenship will be monitored weekly. If an athlete is deemed ineligible, they will sit out the next game, as well as have to attend mandatory study hours during practice time one day per week until those grades are improved. Failure to attend study hours or improve the poor grades could result in removal from the team.

Attendance

A calendar listing the practices and games for the season is attached. Practices are scheduled from 3:00-5:00 after school each day. Please have a ride ready to pick your student/athlete at the appropriate times. We understand that sometimes doctor or dentist appointments come up, if for some reason you are not able to schedule those around our practices, please email a coach if your athlete will be absent from practice. Due to restructured Wednesdays, there will be no practices on those days.

Behavior

Football athletes must adhere to all school rules and policies at all times during the season. This means that you treat coaches and fellow players in a respectful manner by listening and following directions the first time they are given. Since you are representing our school, athletes are required to uphold a high level of behavior and conduct. Suspension or removal from the team may result if school rules are broken.

Uniforms

Each football athlete will be given a complete set of equipment at the start of the season. The entire uniform will be collected immediately following the final game of the season. If a uniform is not returned, the athlete will be prohibited from participating in their grade's end of the year activity. **In addition, if any portion of the equipment is missing or damaged, it is the athlete's responsibility to pay for it.**

Replacement cost for the jerseys alone is \$100, so please take care of ALL of your equipment!

***Athletes are responsible for purchasing their own mouth guards. They can be purchased from us for \$2.00 each or you may purchase one at any local sporting goods store. The mouth guard MUST be able to attach to their helmet and be a solid color so the referee can see it (not clear colored).**

Emergency Contact Information

Attached to this packet is a parent contact emergency information form.

***Please fill this out and return to one of your coaches by Friday, September 8th, 2023.**

The information will be used only in the case of an emergency. We will also be using email to remind out important information during the season.

REMIND 101: Attached is the invite for REMIND 101. This will also be used to send out important information during the season. Please make sure both you and your athlete sign up for this. It will send messages directly to your cell phone.

2023 Middle School South Football Emergency Contact Information

Please provide the following information and return by **Friday, September 8th!!!**:

- **Student Athlete Name:** _____
- **Parent Contact information (REQUIRED):**

***Parent/Guardian name (Please PRINT):** _____

***Parent Email Address (Please PRINT):** _____

***Parent Cell phone number:** _____

- **Additional number (Relative or Family Friend):**

Name: _____ Phone Number: _____

- **Concerns or any Medications we need to know about:**

Parent/Guardian Signature: _____ **Date:** _____

WELCOME BACK DANCE VOLUNTEER FORM

(Check the box below if you are interested in helping chaperone the dance on **Friday, Sept. 22nd from 3:00-4:30pm**)

YES, I would like to volunteer and my email address is _____.
(We will confirm with you by email)

NO, sorry I cannot help volunteer the dance on that date.