



# L'Anse Creuse MS-South



## 2022 Fall Sports Information

**Athletic Director:** Jason Paternoster / Email: [paterja@lc-ps.org](mailto:paterja@lc-ps.org)

**MSS Athletics Webpage:** <https://www.lc-ps.org/schools/middle-school/south/athletics/>

**All dates are TENTATIVE**

### **SPORTS PHYSICALS ARE REQUIRED!!!**

- Athlete's **MUST** have a completed sports physical on file with the school before participation in any tryouts, practices, or games.
- Physicals completed after April 15<sup>th</sup> of the previous school year are considered current.
- Copy of the physical form is attached as well as locations to get sports physicals.

#### **7<sup>th</sup> Grade Football**

- Physical Turn In / Equipment Pick Up: **Monday, August 29th from 10:30am – 12:30am**
- Location: Report to the Gym
- First Practice Begins: Wednesday, September 7<sup>th</sup> from 3:00pm – 5:00pm (after school)
- Location: Meet on Practice Field behind School (wear cleats, shorts, and t-shirt)
- Coaches: Dan Mancini [mancida@lc-ps.org](mailto:mancida@lc-ps.org) and TBD

#### **8<sup>th</sup> Grade Football**

- Physical Turn In / Equipment Pick Up: **Monday, August 29th from 1:30pm – 3:30pm**
- Location: Report to the Gym
- First Practice Begins: Wednesday, September 7<sup>th</sup> from 3:00pm – 5:00pm (after school)
- Location: Meet on Practice Field behind School (wear cleats, shorts, and t-shirt)
- Coaches: Jason Paternoster [paterja@lc-ps.org](mailto:paterja@lc-ps.org) and Brian McDonald [mcdonbr@lc-ps.org](mailto:mcdonbr@lc-ps.org)

#### **7<sup>th</sup> Grade Girls Volleyball**

- Tryouts: **Thursday, September 8<sup>th</sup> and Friday, September 9<sup>th</sup> from 3:00-4:35pm**
- Location: Gym
- First Practice Begins: Monday, September 12<sup>th</sup> from 4:35-6:00pm
- Coach: TBD

#### **8<sup>th</sup> Grade Girls Volleyball**

- Tryouts: **Tuesday, September 6<sup>th</sup> and Wednesday, September 7<sup>th</sup> from 3:00-4:35pm**
- Location: Gym
- First Practice Begins: Monday, September 12<sup>th</sup> from 3:00-4:30pm
- Coach: Jordan Vanwelsenaers [vanwejo@lc-ps.org](mailto:vanwejo@lc-ps.org)

#### **6<sup>th</sup>-8<sup>th</sup> Grade Cross Country**

- First Practice Begins: Information will be given out after school begins.
- Location: TBD
- Coach: TBD