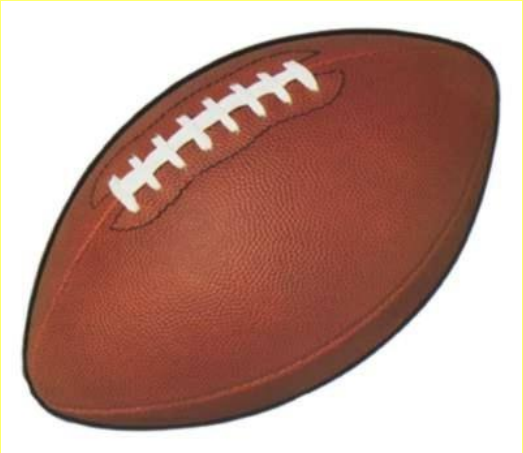
Powder Puff Information



How to play????

- Any current 10th grader/11th grader is eligible to sign up to play (regardless of football experience).
- ALL FORMS (permission slip, physical, concussion form, health information form and $$$ are due on Crusader Day which is on Monday, Aug. 26th.
- Cost is $25.00 – this covers your t-shirt and other supplies needed on this day.
- The physical you turn in must be dated after April 15th and it covers your physical for the entire 2019-2020 school year.

On Crusader Day

- Turn in forms/$ at the Student Council Table.
- Will need to select a t-shirt number/size (0-99) and numbers are on a first come first serve basis.
- Come to Crusader Day with the name you want on the back of the t-shirt – cannot exceed 15 characters and has to be appropriate. Most kids pick their last name.
- Again – all forms/$ must be turned in on this day. If you are going to be absent, send with a friend all the required materials to be turned in.
- Male Coaches and Cheerleaders – you will need to pay for the cost of your t-shirt and sign up on Crusader Day.
- NO LATE FORMS ACCEPTED!!!

Powder Puff Game – Tuesday, Oct. 1st

- Throughout the start of school, your coaches will schedule practices.
- Coaches will consist of LCN Football players. Coaches will pay $15.00 on Crusader Day to cover the cost of t-shirt.
- Senior coaches will be Mr. Ebury
- Need a coach for the juniors????
- Tailgate starts at 6 p.m. and the game starts at 6:30 p.m.

Male Cheerleaders

- All forms are due on Crusader Day to participate (health forms/physicals).
- Pay $15.00 for powderpuff t-shirt.
- Will need to approve half-time dance with admin/advisors the Friday before the game.
- Will need to recruit some cheer coaches to help you with your routine.