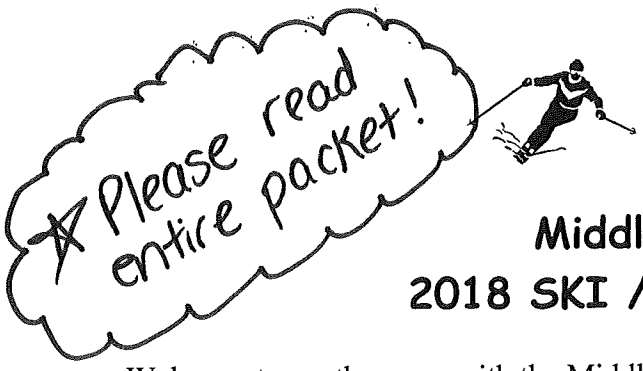

Middle School North
2018 SKI / SNOWBOARD CLUB

Welcome to another year with the Middle School North Ski Club. As always, our destination will be Mt. Holly where the slopes are well groomed and the prices are right. The main lodge offers a warm, relaxing atmosphere where there is plenty of good food and the chocolate is always hot.

Five rope tows, three double chair lifts, three triple chair lifts, and the super quad chair lift can take 12,500 skiers to the top every hour.

Important Club Dates	
Payment Due Date	**Trip Date**
***Monday, December 18, 2017 (Before Break)**	***Wednesday, January 3, 2018 (Day after break)**
Monday, January 15, 2018	Wednesday, January 17, 2018
Monday, January 29, 2018	Wednesday, January 31, 2018
Monday, February 12, 2018	Wednesday, February 14, 2018
Monday, February 19, 2018	Wednesday, February 21, 2018
Monday, February 26, 2018	Wednesday, February 28, 2018

Costs for each trip are as follows: ALL PAYMENTS TO BE MADE ON PAYSCHOOL

Bus fees for each trip:	$20.00 - **(non-refundable unless trip is cancelled)**
Student Card:	$20.00 – This includes 2 ski lessons or 1 snowboard lesson. The student card is mandatory for all students annually even if you were in the club before.
Lift Ticket:	$20.00 – Mandatory for all students even if only using a tow rope.
Ski Rentals:	$20.00 – skis, boots, and poles or snowboard
Snowboard Rentals:	$20.00 – snowboard with boots
Helmet Rentals:	$10.00 – **This is highly recommended for everyone!**
Earned patches:	$2.50 each – As needed, bring money to pay for there.
Adult Member Card:	$20.00 – This is mandatory for parents that wish to purchase an All Area Lift Ticket and ski or snowboard with their student.
Adult All Area Lift Ticket	$20.00 – This is for parents only that have purchased an Adult Member Card

***The $20.00 Student Card or Adult Member Card is mandatory to join the club. The card is optional after the first trip. This allows students and adults to purchase the discounted lift tickets. The card also entitles the student or adult to receive a $5.00 discount off an "All Area Lift Ticket" Monday through Friday, 3:00 to close.**

***All money, except earned patches, adult member cards, and adult all area lift tickets will be collected through PaySchool. We will be unable to accept late payments. Permission Slips only need to be turned in prior to the student's first trip. After the first trip, no paperwork is required.**

What to bring:
warm clothing, a hat, gloves, food (or money to buy some), and an attitude for the common good of the group.

Mt Holly Address: 13536 S. Dixie Hwy. Holly, MI 48442. The phone number is 248-634-8269.

Sincerely, Mrs. Kelly Biernat - MSN Teacher / Club Sponsor – email: biernke@lc-ps.org

Official code for responsible skiers

1. Ski under control and in such a manner to be able to stop or avoid other skiers or objects. Ski within your limits.
2. Skiers approaching each other on opposite traverses shall pass on the right.
3. When skiing downhill or overtaking another skier, you must avoid the skier below you. The downhill skier has the right of way.
4. You must not stop where you obstruct a trail or are not visible from above.
5. A standing skier shall check for approaching downhill skiers before starting downhill.
6. You must keep off closed trails and posted areas. Observe all posted signs.
7. When walking or climbing in a ski area, skis must be worn and you must keep to the side of the trail or slope.
8. All skiers shall wear safety straps or ski brakes to prevent runaway skis.
9. Do not jump, schuss, or perform aerial maneuvers.
10. Any person involved in an accident causing injury to them and/or others shall immediately notify the ski patrol, the ski lift operator, or the area manager.
11. A person unloading from the ski lift shall do so only at the designated unloading zone and shall move immediately out of the unloading area.
12. A person shall not do any act which interferes with the running or operating of a ski lift, such as, but not limited to: swinging or bouncing on an aerial lift, attempting to contact supporting towers, machines, guides, or guards while riding on a ski lift; or skiing out of the track surface while using the rope tow.

SKI CLUB CONDUCT

I. Earning the right to join the ski club:

1. Each club member must maintain satisfactory respect comments at school. It needs to be understood that Middle School North skiers represent our school's expectations of what it means to be a CRUSADER!
2. Grades that are questionable will not be tolerated. A club member's grades need to reflect his/her true abilities. Progress reports may be sent to teachers if needed.

II. Paying for each trip:

1. Each trip should be paid in full by the listed due date. **(NO LATE PAYMENTS)**
2. **All money, except earned patches will be collected through PaySchool.**
3. The $20.00 bus fee is **non-refundable**, since it reserves a space on the bus that needs to be filled to afford each trip.
4. Earned patches cost $2.50 each and need to sewn, or attached in some way, to the jacket of the skier. This is so the lift operators know to allow the skier on certain slopes. **The patch program is strictly enforced for skier safety.**

III. Waiting for the bus to depart from school:

1. Until the bus picks us up at 3:15, students are required to wait in the Media Center.
2. Equipment can be left in Mrs. Biernat's Room 122 on ski trip days.

IV. On the bus:

1. The noise level on the bus can be a problem, so keep it down to a normal conversational level. **Hint: sit by or near the person you wish to talk to.**
2. Keep the bus clean. Eating on the bus is a privilege **if the driver allows it.**
3. Respect the rules of the bus. If you are not sure of the rules, ask the driver.
4. Upon arrival at Mt. Holly, stay seated and wait for directions.

V. At the ski area:

1. Respect the rules of the area. You may be told to leave the slopes for the night if you don't.
2. If you have a problem on the slopes:
   a) Ask a lift operator for assistance if the problem is not serious.
   b) Contact a ski patrol if the problem is serious.
   c) Go to the main lodge ticket office and have Mrs. Biernat paged.
3. The main lodge has a cafeteria where food may be purchased, or you may want to bring your own. A large fireplace in the upper level is always burning to warm you up. Enjoy.

VI. Upon returning back to school:

1. Parents that attend can take their child home, **but must sign them out with Mrs. Biernat first.**
2. Your ride should be waiting to take you home at **approximately 10:00 PM.**
3. If you have ski equipment help unload the bus.

***** Skiers that choose not to behave properly and follow the rules will be dismissed from the ski club.**

MT. HOLLY SKI SCHOOL

SKIING

Mt. Holly's patch and grading program, along with lessons, has proven to be the safest and most enjoyable to control the slopes to each student's ability. **Student cards are sold for $20.00** each with two ski lesson tickets or one snowboard lesson ticket. **All additional ski lessons will cost $10.00 and snowboard lessons $20.00.** Following is a brief description of all lessons and slopes available after each patch is earned:

1ST LESSON	First time skiers. Introduction to skiing, walking, sliding, riding the rope, stopping. After the lesson skiers may use the beginner wondercarpet and ropetow areas for practice. There is no grading and **no patch** earned for the first lesson.
2ND LESSON	**Yellow patch** may be earned. Maneuver - wedge turn. Goal - turning on beginner terrain. Students are taught to make turns using a gliding wedge. To earn a patch a student must make a controlled series of linked wedge turns. Yellow Patch skiers may ski advanced beginner terrain which includes a beginner chairlift.
3RD LESSON	**Brown patch** may be earned. Maneuver - wedge christie. Goal - improving the wedge turn, learning to match the skis and control the skid at the end of the turn. The wedge turn will be reviewed, introduce matching and skidding skis and ski at a slightly higher rate of speed. The earn a patch a student must make a series of controlled linked wedge christie turns on intermediate terrain. Brown patch skiers may ski advanced beginner terrain and some intermediate terrain.
4TH LESSON	**Blue patch** may be earned. Maneuver - wedge christie II. Goal - match skis early in the turn (above the fall line), active weight transfer, improve skidding for better edging. The wedge christie is reviewed using narrow wedge and we teach active weight transfer and steering to encourage early match and controlled skid. To earn a patch the student must make a series of controlled wedge christie II turns on advanced intermediate terrain.
5TH LESSON	**Red patch** may be earned. Maneuver - parallel turns. Goal - start turns with skis parallel, finish turns using angulation and some carve. The wedge christie II is reviewed and we teach the student to steer parallel skis to initiate turns. Finishing the turn with more carve and less skid. Ski poles should be used for balance, as a timing device and to help the flow of movement. Red patch skiers may ski all intermediate terrain and most advanced terrain.
6TH LESSON	**White patch** may be earned. Maneuver - medium radius parallel turns. Goal - parallel turns with little skidding or chatter and show proper pole use. Parallel turns are reviewed with emphasis on edging and pressuring the skis.
7TH LESSON	**Black patch** may be earned. Maneuver - short radius parallel turns and moguls. Lesson will concentrate on quicker, more active movements, turning in the fall line and then an introduction to mogul skiing. Black patch skiers are expected to be expert skiers and may ski the entire area.

SNOWBOARDING

The patch and grading program is also involved with snowboarding. Only three patches, however, are needed to complete this program with the beginner being **yellow**, intermediate is **brown,** and advanced is **black**. The cards are sold for $20.00 each with one lesson ticket.