



31900 Utica Road
 Fraser, MI 48026
 586-541-0033
 586-541-2273
www.careofmacomb.com

CARE (Community Assessment Referral and Education) is dedicated to the prevention of alcohol, tobacco and other drug use.

Partial funding provided by Blue Cross Blue Shield of Michigan, DaimlerChrysler Corporation Fund and local school districts.

Recipients of substance abuse services have rights protected by state and federal law and promulgated rules. For information, contact CARE Recipient Rights Advisor, 31900 Utica Road, Fraser, MI 48026, (586) 541-0033 or State Recipient Rights Coordinator, P.O. Box 30664, Lansing, Michigan 48909.



FAMILY & STUDENT SERVICES

Parent Education Program
 Student Assistance Center

In cooperation with



PARENT EDUCATION PROGRAM

The Parent Education Program, a component of CARE, offers a series of workshops using the Systematic Training for Effective Parenting (STEP) model. Parents are offered a realistic and practical approach to meeting the challenges of raising children today.

The workshops can help you with:

- **Consistent Discipline Techniques**
- **Self Esteem**
- **Communication Skills**
- **Mutual Respect**
- **Power Struggles**
- **Codependent Issues**
- **Parenting Young Children, School Aged Children or Teenagers**



Parents can build confidence in the eight week workshops where they have the opportunity to meet in small groups and share common child rearing challenges. We have several different locations throughout Macomb County where workshops are available.

Call 586-541-0033 for more information today!

STUDENT ASSISTANCE CENTER

- Does your child have difficulties at school or in other social setting?
- Have you noticed a change in your child's behaviors and/or attitudes?
- Are you concerned that your child may be using alcohol or other drugs?



The Student Assistance Center, a component of CARE, offers families the opportunity to receive a thorough assessment for children who are experiencing substance use disorder or mental health problems.

Macomb County students and their families who are experiencing substance use concerns and meet certain criteria can meet with an experienced substance use/mental health counselor to gain insight into their problems and receive assistance in gaining access into the most appropriate treatment option. A sliding fee is available.

The Student Assistance Center has agreements with many school districts that provide opportunities for the family, district personnel and CARE Student Assistance staff to work closely to follow the student throughout their substance use or mental health treatment plan. The cost for this service is shared by CARE, The Macomb County Office of Substance Abuse and the school district.



**For more information
please call
586-541-CARE (2273)**