

Sports Medicine Team



Offers

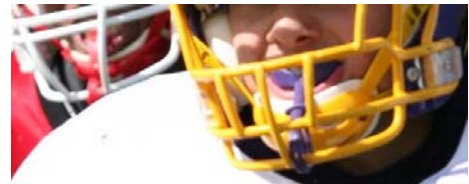


SPORTS PHYSICALS

& FUNCTIONAL ASSESSMENT SCREENING

Wednesday, June 4th	East Detroit HS 15501 Couzens Rd.	4-6:30 pm
Monday, August 4th	L'Anse Creuse North HS 23700 21 Mile Rd.	4-6:30 pm
Tuesday, August 5th	De La Salle 14600 Common	4-6:30 pm
Wednesday, August 6th	L'Anse Creuse HS 38495 L'Anse Creuse Rd.	4-6:30 pm
Thursday, August 7th	Warren Mott HS 3131 12 Mile Rd.	4-7:00 pm
Friday, August 8th	Clintondale HS 35200 Little Mack	4-6:30pm

- **Cost: \$25.00**
- **Pay to: St. John Hospital**
- Middle & High school students welcome.
- Contact: Maureen Lilla, ATC (586) 912-0322.
- **Functional Assessment Screening** includes:
 - Assessment by a health care professional.
 - Screening to identify problems with muscle strength, flexibility, balance or coordination that can decrease athletic performance.
 - Written exercises and recommendations to correct problems areas will be available.
 - Certified Athletic Trainers will be available to answer any questions during the day. Many are also available at your high school.



Custom Sports Mouth guards

- Presented by Dr. James Karam D.D.S., member of the Academy for Sports Dentistry
- Mouthguards can decrease your risk of dental injuries, head injuries & concussions
- Personalized to support your school colors.
- Dr. Karam will be on-site to answer any of your questions or concerns
- Cost: \$55.00