

Attention 2011 - 2012 Athletes & Parents

The Michigan High School Athletic Association requires that all student athletes pass a physical examination prior to trying out, practicing, or conditioning for any middle school or high school sport. A physical examination performed on or after April 15, 2011 fulfills the requirement for the 2011 – 2012 school year. Seventh and Eighth Grade Football Conditioning is scheduled to begin Monday, August 29, 2011 from 9 – 11 A.M. Seventh and Eighth Grade Girl's Volleyball tryouts are scheduled to begin the week of Tuesday, September 6th (1st week back) immediately after school. Therefore, it is important that any current 6th or 7th grader planning on participating in football or trying out for volleyball, to plan to schedule an appointment to get a physical examination prior to those dates listed above.

Before turning in the physical card, be sure BOTH sides are completely filled out. The completed physical card can be turned in the first day of conditioning or tryouts, or may be turned in to the Principal's Office at any time prior to the first conditioning, tryout, or practice session. Those students who had their physical performed at school in June are all set for the entire 2011 – 2012 school year.

Other sport tryouts/beginning practice dates include:

**Tryouts for Boy's Basketball are scheduled to begin November 3rd / 4th 2011.
Tryouts for Girl's Basketball: To be Announced.**

Boy's and Girl's Track Practice is scheduled to begin March 26th, 2012.

Parents of 7th and 8th Grade Football Players: There will be a MANDATORY Parent / Coaches meeting on Tuesday, September 13th from 5:30 - 6:15 PM in the Auditoria.

Parents of 7th and 8th Grade Girl's Volleyball Players who make the team: There will be a mandatory Parent/Coaches meeting on Thursday, September, 15th from 5:30 - 6:15 PM in the Kiva.

Topics at these Parent/Coach Meetings will include: eligibility requirements, individual sport rules, transportation to and from athletic events, the opportunity to meet our coaches, and much more.

If you have questions regarding Athletics at Middle School East, please contact the Athletic Director, Mr. Goslin, at 493-5200 ext. 2716.